



Family Service of Morris County
62 Elm Street
Morristown, NJ 07960



Family Service of Morris County

is pleased to sponsor

Three Workshops

Suicide Assessment: Helpful Techniques and Approaches

Speaker: Janet L. Lee, MSW, LCSW

Friday, March 12, 2010

The Race Dialogue: An Opportunity for Change

Speaker: Deepa Sadhwani-Monchak, MSW, LCSW

Friday, April 9, 2010

Creating a Risk Management Plan for Your Practice:

Ethical and Legal Issues

Speaker: Patricia M. O'Dell, MSW, LCSW

Friday, June 4, 2010

at

Family Service of Morris County

62 Elm Street

Morristown, NJ 07960

Meets the NJ Social Work Requirement
For CEU's in Clinical Social Work,
Ethics and Cultural Competency



Family Service of Morris County

Since 1813, Family Service of Morris County has been reaching out to children, parents, teens and families in crises. The agency has a rich history of service to the community, originally helping the widows and orphans from the War of 1812. Over the years, the agency's services have grown and changed to meet the emerging needs of individuals and families in the community, from the youngest child to the oldest senior. Each year, Family Service touches the lives of over 6,000 individuals and families in need. For more information about Family Service of Morris County, visit our website at www.fsmc.org

Directions to FSMC

62 Elm Street
Morristown, NJ 07960

Route 287 North to Exit 35

Make a left turn onto South St., to third traffic light. Make a right turn onto Elm St., and follow Elm to the bottom of the hill. FSMC is located on the left—parking lot is behind building.

Route 287 South to Exit 35

Make a right turn onto Rt. 124 West (Madison Ave.) to the South St. traffic light. At the second traffic light, make a right turn onto Elm St., and follow Elm to bottom of hill. FSMC is located on the left.

By Train

The Morristown train station is on the Morris/Essex line. Exit the station, turn right and right again to the corner of Morris Ave. and Elm St. Cross Morris Ave. and walk up Elm St. FSMC is located on the right

Conference Information and CEU's

These workshops include continental breakfast; lunch is on your own. There are many restaurants within walking distance of our facility to utilize during the lunchtime break. In the event the workshop is canceled, all monies will be refunded. All other refunds will be given if notice of cancellation is received in writing no later than ten days (10) prior to the workshop. In lieu of monetary refund, FSMC will also offer credit for future workshops. Seating is limited, therefore you **MUST** register for these workshops.

Please advise us of any ADA requirement.

For further information regarding these workshops, please contact Margie Waldrum, 973-538-5260, ext. 122 or email at mwaldrum@fsmc.org

New Jersey Social Workers

These three workshops are approved for Continuing Education by the National Association of Social Workers, New Jersey Chapter, 200 Metroplex Drive, Suite 404, Edison, NJ 08817, NASW-NJ CE approval program period September 1, 2008 through August 31, 2010. Social workers will receive 6 Ethics credits for the workshop, Creating a Risk Management Plan for Your Practice: Legal and Ethical Issues, Approval # 091401-10451; 6 Cultural Competency credits for the workshop, The Race Dialogue: An Opportunity for Change, Approval # 091401-10452; and 6 clinical credits for the workshop, Suicide Assessment: Helpful Techniques and Approaches, Approval # 090511-150.

Registration Form

In the event the conference is canceled, all registration fees will be refunded.

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\$100.00 Registration Fee (per workshop)
\$ 90.00 For 3 or more from same agency/group
(must be mailed in same envelope with one check for all)
\$ 80.00 Student Rate (copy of Student ID must be attached to form)

Includes continental breakfast; lunch is on your own
Please make check payable to FSMC and send to:

Family Service of Morris County
Attn: Margie Waldrum
62 Elm Street
Morristown, NJ 07960

Name: _____

Organization: _____

Address: _____

City/State/Zip: _____

Daytime Phone: _____

Email: _____

Confirmation will only be issued through email

Please charge my registration to (Visa or MasterCard– please circle one):

Card # _____

Expiration Date: _____

NOTE: If you are charging with your credit card, please make sure the address above is the same as the credit card billing address.

Fax your registration to: 973-538-0989, Attn: Margie Waldrum

For information call Margie Waldrum at 973-538-5260, ext.122

Email address: mwaldrum@fsmc.org

PROGRAM DESCRIPTIONS

**Suicide Assessment:
Helpful Techniques and Approaches**

Knowing how to intervene when a client acknowledges suicidal ideation is a core competency for all practitioners. This interactive workshop will increase participants' ability to identify and assess potentially suicidal clients. Participants will be introduced to various tools to manage suicidality. Linking assessments to interventions, specific concerns regarding suicidality in special populations (adolescent, elderly, military), and the importance of documentation, will be covered.

Program Objectives

- Identify risk factors for suicide.
- Increase participants' comfort level in identifying, assessing and intervening with suicidal clients.
- Provide tools to aid participants in conducting a thorough individualized suicide assessment.
- Acquire skills to intervene effectively by linking assessments to interventions.
- Provide information on the vital task of documenting their work with potentially suicidal clients.

Program Schedule

8:00-8:45 Registration and Continental Breakfast
8:45-9:00 Welcoming Remarks and Introductions
9:00-9:30 Suicide Facts, Definitions and Risk Factors
9:30-10:30 Roadblocks and Bridges
10:30-10:45 BREAK
10:45-11:15 Suicidal Thoughts and Behaviors
11:15-12:00 Tools for a Suicidal Risk Assessment
12:00-1:00 LUNCH
1:00-1:30 Chronological Assessment of Suicide Events
1:30-2:00 Vignettes
2:00-2:15 BREAK
2:15-2:45 Making Clinical Judgments
2:45-3:30 Documenting a Suicide Assessment
3:30-4:00 The Impact on Clinicians: Building Safety

The Speaker

Janet L. Lee, MSW, LCSW, has been a practitioner, supervisor and trainer in the field of crisis response, domestic violence, sexual assault, child abuse and elder abuse for over 20 years. Ms. Lee currently works as a Field Instructor, Group Work Supervisor and Trainer at 180 Turning Lives Around in Hazlet, NJ. She regularly provides training for professionals, student interns and Domestic Violence Response and Sexual Assault Response Teams on Suicide Assessment, Domestic Violence, Rape Trauma Syndrome, Post-traumatic Stress Disorder and Vicarious Traumatization. Ms. Lee is also an adjunct Professor at Monmouth University's School of Social Work.

**Creating a Risk Management Plan for Your
Practice: Legal and Ethical Issues**

The morning session will include a review of NJ State Laws. Attention will be given to professional liability and how practitioners can avoid malpractice lawsuits and charges of professional misconduct. In the afternoon, a broad overview of the NASW Code of Ethics will be conducted. Our profession's most challenging ethical concerns will be highlighted and discussed. Participants will have the opportunity to create their own risk management plan for their practice.

Program Objectives

- Identify and explore the Regulations of the State Board.
- Discuss legal issues in professional practice and develop strategies to minimize liability and malpractice.
- Review and apply the NASW Code of Ethics to practice situations in the areas of confidentiality, professional competence, informed consent, dual relationships, and conflicts of interest.
- Differentiate between boundary crossings and boundary violations.
- Assist participants in creating a risk management plan for their practice.

Program Schedule

8:00-8:45 Registration and Continental Breakfast
8:45-9:00 Welcoming Remarks and Introductions
9:00-10:30 Regulations of the State Board: What You Need to Know
10:30-10:45 BREAK
10:45-12:00 Strategies to Minimize Liability and Malpractice
12:00-1:00 LUNCH
1:00-1:15 Overview of the NASW Code of Ethics
1:15-2:00 Vignettes
2:00-2:15 BREAK
2:15-3:15 Boundary Crossings vs. Boundary Violations: Some Considerations
3:15-4:00 Creating a Risk Management Plan

The Speaker

Patricia M. O'Dell, MSW, LCSW, is the Clinical Director and Supervisor of the Adult and Family Treatment Program at Family Service of Morris County, in Morristown, NJ, and maintains a private practice in Denville, NJ. Previously she worked at Rutgers University, School of Social Work, serving as Assistant Dean and Director of Field Instruction. She has had the opportunity to work as a Medical Social Worker/Discharge Planner, a non-profit agency administrator, and a clinician in a variety of settings. She has given many workshops and presentations for NASW and other professional groups on a variety of topics.

**The Race Dialogue:
An Opportunity for Chance**

This workshop will provide a necessary framework for helping social workers understand and critically analyze multiple forms of racism and oppression. Introduction to key concepts will be identified and explored. Participation in interactive, experiential activities will allow participants to acquire the skills necessary for identifying, analyzing and taking steps to address racism, both professionally and personally.

Program Objectives

- Create a positive learning environment by establishing group guidelines for support and sharing.
- Explore personal experiences of race and racism and develop an understanding of the ways that racism is communicated and reinforced.
- Recognize one's conscious and unconscious participation in a system of racism and white privilege.
- Recognize institutional and cultural forms of racism.
- Recognize the importance of communication and feedback with regard to identifying and challenging racism.

Program Schedule

8:00 - 8:45 Registration and Continental Breakfast
8:45 - 9:00 Welcoming Remarks and Introductions
9:00 - 10:30 Creating a Safe Environment: Establishing Group Rules, Hopes & Fears Activity
10:30-10:45 BREAK
10:45-12:00 The Social and Institutional Construction of Race and Identity
12:00 - 1:00 LUNCH
1:00 - 2:00 "Silent Beats" Film and Discussion
2:00 - 2:15 BREAK
2:15 - 3:15 Beliefs and Attitudes About Race: Communication and Active Listening Skills
3:15 - 4:00 Personal Action Plans

The Speaker

Deepa Sadhwani-Monchak, MSW, LCSW, is a therapist in private practice in Montclair, NJ. She specializes in helping individuals and families of color who are facing intergenerational conflicts through cross-cultural psychotherapy. She presently works as a social worker for the Passaic Board of Education, is part of the Child Study Team, regularly facilitates workshops, lectures, and trainings to school staff and parents, and serves as liaison between administration and staff/families/community. Deepa is also an Instructor and Field Supervisor at Rutgers University, and works with first and second year graduate students.