



Family Service of Morris County
Changing lives for nearly 200 years

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FSMC e-News

BACK TO . . .

We hope that you and your family had a relaxing summer. As the season draws to a close, many of us are going "back to" something. Students are returning to school, soldiers are coming home from deployment, and at FSMC we are going "back to the future" as we plan our Bicentennial Celebration.



Back to School: Good nutrition a basic

"The donation of baby food from Nestle-Gerber makes a real difference for our families," stated Alejita Ortiz, FSMC Licensed Clinical Social Worker (pictured here with one of our families). "We are seeing through our FSMC early childhood prevention program (STEP-by-Step) that many of these families had been on the edge financially prior to the recession, but the current economy is sending them over the brink. This donation is not only a real gift for the baby, but also for the whole family, as they can now use their limited funds for diapers and nutritious food for the older children." [More=>](#)



Back to the Homefront: FSMC assists returning soldiers and their families

This summer, approximately 3,000 returning New Jersey soldiers are dealing with the challenging issue of readjusting to life at home after life at war. Here to help out is Jack McFadden, a licensed clinical social worker at FSMC who is also a veteran of the Vietnam War. Jack is available to provide free peer-to-peer mental health counseling and resource referrals to military personnel and their families during all phases of military service: predeployment, deployment and post deployment. Services are also available for parents, siblings, children and significant others. All services are highly confidential. [More=>](#)



Back to the Future: Help us celebrate

Did you know that FSMC is the second oldest non-profit organization in New Jersey and perhaps the fourth oldest in the US? A new FSMC Bicentennial Committee is being formed to help with the preparations to celebrate the agency's 200 year anniversary in the year 2013. [More=>](#)



Welcome Audrey!

Welcome to Audrey Wells, FSMC's new Chief Financial Officer. [More=>](#)

Happenings

BOWLING FOR \$\$

FSMC Young Professionals Group 2nd Annual BOWL-A-THON on Friday, October 16, 2009--It's not too late to be a sponsor for this fun event or form your own corporate team. [More=>](#)

HAVE AIRLINE MILES TO DONATE?

Help FSMC with travel costs for guest speakers for our professional conferences. To donate miles for our Fall conference, please contact Pat O'Dell at podell@fsmc.org or 973-538-5260 x117.

FSMC HEALTH EDUCATION FOR SENIORS

[Click here](#) for information about sessions at The Washington Township Library

[Click here](#) for information about sessions at The Chester Library

Questions about the FSMC eNewsletter? Contact Janet Horowitz at jhorowitz@fsmc.org.

To make a donation to FSMC, please click the **DONATE NOW** button.

Family Service of Morris County (FSMC) is a private, nonprofit organization changing lives for nearly 200 years. FSMC provides over twenty innovative programs and services to 6,000 children, families and seniors to help them get through the most challenging times in their lives. These services include professional counseling, education, advocacy, and support. For more information about FSMC call 973-538-5260 or www.fsmc.org

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CHANGING LIVES FOR NEARLY 200 YEARS
 ONE PIECE AT A TIME



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